

Admission requirements

To be admitted into the **Rolfing®** training the following requirements are necessary:

- be 23 years old, in good health, with good physical endurance in order to follow the Rolfing training and to open a Rolfing practice
- have attended school up to the age of 18 and have an equivalent degree, or to have accomplished some years of successful working life experience
- desire to develop therapeutic relationships and accompany clients' self-discovery
- have already experienced manual therapy and been initiated to anatomy or the locomotor system
- have had the 10 Rolfing sessions and the 5 **Rolfing Movement** sessions
- have undertaken therapeutic work individually or in groups
- write an admission paper in which you describe your own Rolfing experience, and answer several anatomical and physiological questions using suggested literature
- go through an admission interview with the admission committee at the end of phase 1